

September 18, 2023

GENERAL MEMBERSHIP MEETING

Subzero Bakke Center

Joint Meeting with NKBA

2866 Buds Dr.

Fitchburg, WI 53711

Please park in the Bakke Center lot and overflow in plant parking across the street.



10:45 am: Registration Open

**11:00 am - 12:00 pm: NARI Updates, Subzero Updates
& Educational Workshop:**

Redefining Kitchens Design While Improving Health & Wellness

**12:00 pm - 1:30 pm: Lunch, networking and explore
the Subzero facility, their test kitchens, chefs and products!**

REDEFINING KITCHEN DESIGN WHILE IMPROVING HEALTH AND WELLNESS

CONTINUING EDUCATION PROGRAM

1 HOUR CE CREDIT - AIA/HSW, IDCEC/HSW, NARI, and NKBA

Whether you are taking this course in 2020 or beyond, you have lived through an unprecedented global pandemic that has changed how we approach life. What it means to work, socialize with friends and family, and even prepare a meal altered drastically within the space of a few weeks.

- Examine how the kitchen has evolved from a utilitarian to social space.
- Explore the idea of a wellness kitchen and how kitchen design can improve wellness and nutrition.
- Discover how kitchen appliances, both large and small, optimize food preservation, minimize stress in the kitchen, and help people stay connected.

THANK YOU TO OUR MEETING SPONSORS:



**RSVP BY NOON ON
SEPTEMBER 13TH**

Kim@NARIMadison.org

Please remember to RSVP and if you do and can't make it please let us know so we can plan accordingly.
Thanks to our generous sponsor and host, this event is FREE for all members to attend.